



# Arrowhead High School Youth Field Hockey Fall League 2025



Join the AHS field hockey staff and players for a fall league full of skills instruction, drills, and scrimmages!

WHO: Girls entering grades 1<sup>st</sup> through 8<sup>th</sup>

WHEN: Tuesdays from 5-6 PM and Saturdays from 9-10 AM starting September 2<sup>nd</sup> and concluding October 21<sup>st</sup>. We are targeting some of these days to be scrimmages with local teams (formal schedule provided once league starts)

WHERE: Arrowhead JV field hockey field

COST: \$100 (includes Arrowhead Field Hockey reversible pinnie); \$75 if you already have an Arrowhead Field Hockey pinnie

REQUIRED EQUIPMENT: shinguards (preferably knee-length), cleats (soccer-type), mouth guard, athletic attire, water; sticks will be available to borrow

**\*\*Sign up is allowed up to the first day of league play!! Checks payable to Melissa Brengosz\*\***

**ARROWHEAD HIGH SCHOOL**  
**YOUTH FIELD HOCKEY FALL**  
**LEAGUE 2025 REGISTRATION FORM**

Player name:

Grade/School (Fall '25):

Primary email address:

Primary phone number:

Pinnie Size (AXXS/AXS, AS/M, or AL/XL):

**I approve of my child participating in this league and release the staff and Arrowhead High School of any liability. I also acknowledge that I must have adequate health insurance to cover any injuries that may result from this league.**

PARENT SIGNATURE:

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\*\*\*Send completed form and payment to the following address:

Melissa Brengosz  
288 N Lapham St  
Oconomowoc, WI 53066